

## Mentor/Mentee Reflection & Goal-Setting Worksheet

### Mentor Questions to ask Mentee

1. What was one thing we did together last year that you thought was really fun?
2. Did we do anything you didn't particularly enjoy?
3. My job as your mentor is to be your "cheerleader"—to see your great qualities and to cheer you on to make the best use of those qualities. How well did I do that last year? What is one thing I did that felt like I was being your cheerleader?
4. Mentors are different than tutors. I'm not your tutor, but I do want you to be successful in school. Would you like me to occasionally help you on school work or projects? If so, how will I know when you'd like my help?
5. What kinds of books do you like? What was the last book you read? Tell me about it. Do you like to have teachers or other adults read to you?
6. Have you set any goals for yourself this year? What are they? How can I help you reach those goals?
7. What would make this our best year together ever? What would I do and say to help make that happen?

### Mentee Questions to ask Mentor

1. What was one thing that we did together last year that you enjoyed doing with me?
2. Is there anything new or different you'd like to try doing together this year?
3. What are some of the qualities you see in me that you want to "cheer" on?
4. What school subjects that I'm currently taking do you consider to be your strengths? Which subjects do you know the least about?
5. Do you like to read? What kinds of books do you like? What was the last book you read? Tell me about it.
6. Have you set any goals for yourself at home or at work for the coming year? What are they?
7. What do **you** think would make this our best year ever? What would I do and say to help make that happen?

**Together set 2 or 3 goals for the coming year using the following format:**

*(Use the back of this sheet)*

We want mentoring to \_\_\_\_\_. Therefore we will \_\_\_\_\_  
*(your goal) (action you will take, how often you will do it).*

## Our 2006-07 Goals for our Mentoring Relationship

We want mentoring to *be fun*. Therefore we will \_\_\_\_\_

\_\_\_\_\_

We want mentoring to *support school success*. Therefore we will \_\_\_\_\_

\_\_\_\_\_

We want mentoring to \_\_\_\_\_. Therefore we will \_\_\_\_\_

\_\_\_\_\_

How will you know if you're meeting your goals?

How often will you check to see if you are meeting your goals?

How will you check?

Signed: \_\_\_\_\_

*Mentor Name*

\_\_\_\_\_

*Mentee Name*

Date: \_\_\_\_\_