

# Resources of the National Mentoring Center, Mentoring Resource Center, and More

---

presenters: **Michael Garringer & Patti MacRae**

*November 15<sup>th</sup>, 2007  
OR Mentors Training*

## About the National Mentoring Center

- ▣ Housed at the Northwest Regional Educational Laboratory (located in Portland)
- ▣ Provides training and technical assistance
- ▣ Works with major federal initiatives and state and local efforts

## About the National Mentoring Center

---

- ▣ Provides practitioners with resources and tools they can use
- ▣ A variety of methods for adult learners (online, in-person, multimedia)
- ▣ All materials are public domain

## What we'll cover today

---

- ▣ NMC Resources
- ▣ Mentoring Resource Center publications and learning tools
- ▣ Other research and resources
- ▣ Contents of the CD-ROM

## NMC Resources

---

- ▣ Recently revised six key NMC Resources
- ▣ Joint project with the Hamilton Fish Institute on School and Community Violence and OJJDP
- ▣ Revised publications on our Web site in early 2008 (*but you get them today!*)

## Hamilton Fish Revisions

---

- ▣ *Foundations of Successful Youth Mentoring* (start-up, implementation, sustainability)
- ▣ *Generic Mentoring Program Policy and Procedure Manual* (complete and customizable set of policies and program documents)
- ▣ *Training New Mentors* (ready-to-use training activities)

## Hamilton Fish Revisions

---

- *The ABCs of School-based Mentoring*  
(examines specific strategies based on new research)
- *Building Relationships: A Guide for Mentors* (resource for mentors)
- *Sustainability Planning and Resource Development for Youth Mentoring Programs* (a guide to getting organized and finding funding)

## Other NMC Resources

---

- Many more publications and sample forms on our Web site:  
<http://www.nwrel.org/mentoring>
- MentorExchange Listserv
  - free practitioner Q & A forum
  - great networking tool

## NMC Lending Library

---

- ❑ Over 500 titles on mentoring and related youth development topics
- ❑ Collection can be searched by keyword, title, etc. on NMC Web site
- ❑ Up to 5 items can be borrowed via Interlibrary Loan
- ❑ Local practitioners are free to visit in person

## Mentoring Resource Center

---

- ❑ Our dedicated training and technical assistance for OSDFS mentoring grantees
- ❑ Developed a wide variety of school-based mentoring resources
- ❑ All materials are public domain and available at:  
<http://www.edmentoring.org>

## Major MRC Publications

---

- ❑ *Making the Grade: A Guide to Incorporating Academic Achievement Into Mentoring Programs and Relationships*
- ❑ *Guide to Mentoring for Parents and Guardians* (guide and template)
- ❑ *Marketing Toolkit for Office of Safe and Drug-Free Schools Mentoring Programs*

## Major MRC Publications

---

- ❑ Training Guides:
  - *Preparing Participants for Mentoring*
  - *Ongoing Training for Mentors*
- ❑ *Effective Mentor Recruitment: Getting Organized, Getting Results*
- ❑ *Going the Distance: A Guide to Building Lasting Relationships in Mentoring Programs*

## MRC Resources

---

- Case Studies – best practices in action
  
- Fact Sheets – short little primers on different topics
  - youth development
  - partnerships
  - evaluation
  - parent involvement

## MRC Web Seminars

---

- Quarterly teleconference trainings
  - supported with readings and handouts
  - facilitated listserv discussion
  - all materials packaged into a final print product
  
- Audio files and materials available on the MRC Web site

## MRC Web Seminars

---

- #1 – “Microsustainability”  
(grassroots fundraising in rural locations)
- #2 – Using Mentoring Research Findings to Build Effective Programs  
(Drs. Tom Keller and Michael Karcher)
- #3 – The BBBS School-Based Mentoring Impact Study: Findings and Implications for Policy and Practice (Dr. Carla Herrera, P/PV)

## MRC Web Seminars

---

- #4 - Building Youth Literacy in Mentoring Programs  
(tips for encouraging literacy from a broad perspective)
- Future topics include:
  - peer mentoring models
  - conducting meaningful evaluations
  - nuances of school-based mentoring

## Other Resources on the CD

---

- “Research, Best Practices, and Resources For Effective Youth Mentoring”
  - breakdown of current mentoring research
  - how we know what we know about mentoring
  - innovative practice is outpacing the evidence base

## Key Research

---

- BBBS Impact Studies (community- and school-based)
- DuBois’ Meta-analysis
- “The Test of Time” (the critical importance of match duration and consistency)

## Key Research: Jean Rhodes' model of youth mentoring

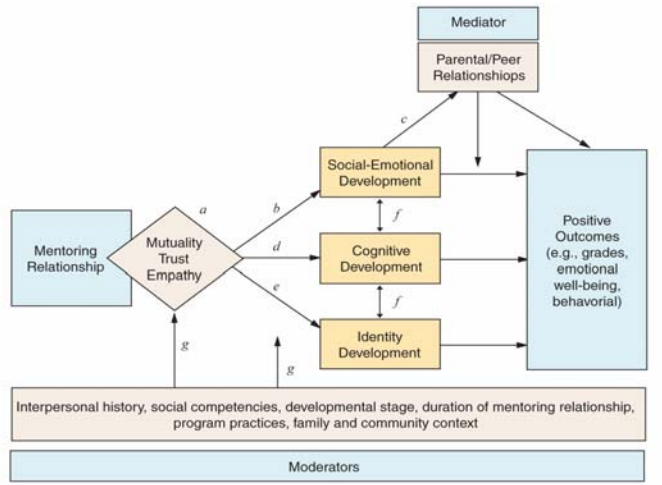


Figure 3.1 Model of Youth Mentoring

Mentoring may be more like the slow accumulation of pebbles that sets off an avalanche than the baseball bat that propels a ball from the stadium.  
 – Nancy Darling, in *Handbook of Youth Mentoring*

## Key Research

- ▣ *Understanding and Facilitating the Youth Mentoring Movement (on CD)*
- ▣ *"It's Not What I Expected" (Renee Spencer's research on failed matches, on CD)*
- ▣ Michael Karcher's Peer Mentoring Research -  
<http://www.michaelkarcher.com/survey/findings.php>

## Other Resources on the CD

---

- ITI Self Evaluation Workbook
  - very comprehensive tool for pre-post
  - great listing of validated instruments in the appendix
  
- LEARNS resources
  - Mentoring Children of Prisoners
  - Mentoring Foster Youth

## Other Resources on the CD

---

- *Tools for Mentoring Adolescents*
  - Developed by the Mentoring Partnership of Minnesota
  - Topics include setting boundaries, building trust, communication, developmental stages, etc.

## Wrap Up

---

- Additional print resources
  
- Q & A?
  - NMC services
  - Mentoring research
  - Other resources

## Thank you!!!

---

- Mike Garringer  
garringm@nwrel.org; 503-275-9647
  
- Patti MacRae  
macraep@nwrel.org; 503-275-0138